



**PROTECTING AMERICANS'  
COVERAGE TOGETHER**

November 2025 | N=1,397

Source: OccamTMAalphaROC

**Thinking more generally about the types of benefits people receive through their employer, which of the following benefits is the most important to you?**

- Health insurance: 46.6%
- 401K or other retirement savings plan: 21.0%
- Paid time off: 13.5%
- Life insurance: 8.5%
- Flexible work arrangements: 7.3%
- Parental leave: 3.1%

**If given the choice, would you prefer to have the cost of providing health coverage reflected in higher pay and find health coverage on your own, or do you prefer your employer to administer coverage at your current salary?**

- Definitely prefer higher salary and finding my own health insurance: 14.9%
- Probably prefer higher salary and finding my own health insurance: 13.7%
- No preference: 16.6%
- Probably prefer current salary with employer health insurance: 22.2%
- Definitely prefer current salary with employer health insurance: 30.1%
- Not sure: 2.5%

**To what extent do you agree or disagree with this statement: “The health insurance plan I get from work is valuable.”?**

- Strongly agree: 37.7%
- Agree: 41.6%
- Neither agree nor disagree: 12.6%
- Disagree: 4.3%
- Strongly disagree: 2.9%
- Not sure: 0.9%

**Compared to other health insurance options available to you, how do you rate the quality you receive from your employer-provided coverage?**

- Much better quality than others: 25.2%
- Somewhat better quality than others: 30.5%
- They're about the same: 28.2%
- Somewhat worse quality than others: 10.0%
- Much worse quality than others: 3.5%
- Not sure: 2.6%

**Overall, how satisfied are you with you, or your spouse's employer-provided health insurance plan?**

- Very satisfied: 35.9%
- Satisfied: 40.9%
- Neither satisfied nor dissatisfied: 14.4%
- Dissatisfied: 5.6%
- Very dissatisfied: 1.6%
- Not sure: 1.6%

**Thinking about the various features of your employer-provided health plan, which is most important to you?**

- Low out-of-pocket costs: 28.3%
- Choice of doctors and hospitals: 26.6%
- Prescription drug coverage: 16.6%
- Preventive care coverage: 14.5%
- Mental health services coverage: 8.7%
- Telehealth/virtual visit options: 5.8%

**How important is the quality of health insurance benefits when you are considering a job offer or deciding whether to stay with your current employer?**

- Very important: 45.3%
- Important: 32.3%
- All things considered, somewhere in the middle: 15.9%
- Not important: 4.2%
- Not at all important: 1.2%
- Not sure: 1.1%

**When thinking about where people get healthcare (i.e., a government program, through an employer, or purchasing yourself on the marketplace), which comes closest to your opinion?**

- I would prefer to get my health coverage through my employer: 60.1%
- I would prefer to get my health coverage through a government program: 16.7%
- I would prefer to get my health coverage on the individual marketplace: 15.9%

- Not sure: 7.3%