Beena Thomas, MPH
VP, Client Solutions
Optum

Beena Thomas is a recognized innovator and thought leader in the area of population health. She brings her commitment to promoting a healthy corporate culture to her work as Vice President, Client Solutions, for Optum.

Thomas' specialty areas include assisting strategic clients in developing strategies and recommending enhancements to their employee health and welfare benefit programs. She leverages her expertise in market intelligence and competitive analysis when consulting with large, complex employers and creating go-to-market solutions.

Prior to joining Optum in April, 2011, Thomas held various roles in the healthcare technology sector and managed care. Thomas spent 10 years at WellPoint/Anthem in sales, human resources and product strategy leadership positions. As WellPoint's first Wellness Director, Thomas' responsibilities included developing and expanding a national total health management strategy for 42,000 employees across the United States and directing a national women's health strategy.

Thomas holds a BS in Biology from Georgia State University and an MPH from East Tennessee State University. Thomas serves on the National Business Group on Health's (NBGH) board for the Institute on Innovation and Workforce Well-being and Corporate Health and Wellness Association. She is also a member of Health Enhancement Research Organization's (HERO) Think Tank.